RistHoops

Motion basketball for Apple Watch + iPhone • Fact Sheet

IN ONE LINE

No ball, no hoop: make a shooting motion with your Apple Watch, and the ball flies into the hoop on your iPhone, the way you shot it. Every round is a workout.

FACTS

Developer	RistSports
Release	November 2026 (planned November 20)
Platforms	iPhone, iPad, Apple Watch
Category	Health & Fitness
Languages	14 (English, Simplified and Traditional Chinese, Japanese, Korean, German, French, Spanish, Italian, Portuguese, Russian, Thai, Turkish, Indonesian)
Price	Free to download; 100 shots to start, +30 per daily check-in. Subscription: $0.99/month, $10.99/year
Download	apps.apple.com/app/id6828466922
Website	risthoops.ristsports.com/en/

THE INNOVATION: WATCH AND IPHONE TOGETHER

- Apple Watch is both the controller and the sensor; iPhone or iPad is the arena
- At release the watch reads power, stability and wrist snap and hands it to iPhone in an instant; the ball flies the way you shot it while a ghost player mirrors your motion
- Jump shots are detected in two phases, rise and release, all on-device, with no camera or extra hardware
- Your own standard: 5 free throws + 5 threes teach the app your personal power curve

WAYS TO PLAY

- 3-Point Contest: 70 seconds, 5 spots, money-ball rack, Game Center world rankings
- Free Shoot: no clock, any spot
- Challenge: 3 chapters, 30 levels with wind, a robot arm, a defender, a rising hoop and monsters

FITNESS

- Live heart rate and zones; active calories go to the Fitness app and Activity rings
- A workout report after every round: calories, average heart rate, shots

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Heart rate and calorie data are for fitness reference only; not a medical device. Apple Watch, iPhone and iPad are trademarks of Apple Inc.